

“Try unceasingly to keep your mind on God. Be with Him all the time.
Practice His presence.” *Paramahansa Yogananda*

Dear Devotee,

We are pleased to announce two upcoming retreats at the Shaftsbury Hollow Retreat.

July 19 - 21, 2024: Lay members will be conducting a weekend retreat in which we will share SRF Convocation 2024 classes, meditations, and other events.

This retreat will be for both men and women. The suggested donation for the weekend of \$210 includes lodging and meals. For those staying offsite, the suggested donation of \$130 includes meals and use of retreat facilities.

More information and registration instructions will be sent soon.

September 20 - 22, 2024: We are blessed to offer a monastic led weekend retreat for men and women. More information will be sent this summer.

In Divine Friendship,

Shaftsbury Hollow Retreat



[Shaftsbury Hollow Retreat](#)